

January 2012 FCA Preschool Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4 Cheese Ravioli's, Mixed Vegetables, Cheesy Bread. AM: Oatmeal, Fruit, Milk. PM: Donut holes, grapes, juice or milk	5 BBQ Chicken Legs, Baked Beans, Potato Salad AM: Waffle Stix, Milk PM: Banana pudding, Juice.	6 Pepperoni Pizza, Buttered Carrots, Sliced Apples. AM: French Toast, Milk, Fruit PM: Tropical fruit, Teddy Grahams, Milk
9 Chicken Tetrzinni, Green Peas, Roll, Fruit. AM: Cereal, Banana, Milk PM: rice crispy, milk	10 Sloppy Joes, Seasoned Fries, Greenbeans. AM: fruit, Danish, milk PM: gold fish, grapes, juice or milk	11 Pizza Pocket, Buttered Corn, Pears AM: cereal bars, milk PM: carrot sticks, ranch, raisins, milk or juice	12 Chicken Fried Steak, Mashed Potatoes, 5-way Veggies AM: Muffin, fruit cocktail, milk PM: Pretzels & mandarin oranges, milk or juice	13 Sausage Pizza, Vegetables, Pineapple chunks AM: oatmeal, Sliced Peaches, milk PM: animal crackers, milk
16 Catfish strips, Tater Tots, Cole Slaw Milk or juice AM: Grits, Tropical Fruit, milk PM: graham crackers, milk	17 Chili Cheese Dogs, Baked Chips, milk or juice AM: French toast, fruit, milk PM: Kid Snacks, milk or juice	18 Chicken Chunks, Glazed Carrots, Seasoned Rice, Sliced Apples AM: Waffle stix, Mandarin Oranges, milk PM: granola bar, grapes milk	19 Meatballs W/Gravy, Rice Pilaf, California Vegetables. AM: Pigs in a blanket, milk PM: Banana pudding, milk or juice	20 Hamburger pizza, Caesar salad, Sliced Peaches AM: cereal bars, milk PM: carrot sticks, Bagged Apples, milk or juice
19 Spaghetti W/Meatsauce, Garlic Bread, Bahamas Vegetables AM: Danish, oatmeal, milk PM: bananas, teddy grahams, apple juice	20 BBQ Beef on a Bun, Smiley Fries, California Vegetables, Grapes. AM: Cereal, Milk PM: Granola Bar, juice	21 Chili & Cheese Enchiladas, Pinto Beans, Spanish Rice AM: Waffle Sticks, Milk PM: graham crackers, raisins, milk or juice	22 Hamburger Sliders, Seasoned Fries, Lettuce & Tomato, Fruit Cocktail AM: Donut Holes, Tropical Fruit, Milk PM: snack mix , Grapes, juice	23 Cheese Pizza, Garden Salad, Mandarin Oranges, Milk AM: Turkey Sausage Sandwich, Bagged Apples. PM: Goldfish & apple Juice
30 Mini hotdogs, corn chips, salad, tropical fruit. AM: Muffin, fruit cocktail, milk. PM: Teddy grahams, mandarin oranges, milk or juice	31 Chili Mac, vegetables, garlic stick, diced pears. AM: Pancakes, little smokies, milk. PM: Pretzels, grapes, apple juice.			