

September 2011

FCA Elementary School Menu

Mon	Tue	Wed	Thu	Fri
			1 <u>Breakfast</u> Cereal Bar Fruit & Milk	2 <u>Breakfast</u> Pigs N Blanket Fruit & Milk
			<u>Lunch</u> Pepperoni Pizza, Buttered Corn, Fruit & milk	<u>Lunch</u> Nachos w/ meat sauce Garden Salad Fruit & Milk
5 <u>Breakfast</u> Pancakes Fruit & Milk	6 <u>Breakfast</u> Muffin Fruit & Milk	7 <u>Breakfast</u> Biscuit Fruit & Milk	8 <u>Breakfast</u> Cereal Fruit & Milk	9 <u>Breakfast</u> Croissant, Sausage Fruit & Milk
<u>Lunch</u> Baked Ziti, Mix Vegetables, Cheesy Bread, Fruit & Milk	<u>Lunch</u> BBQ Beef on Bun Cheese Puffs, Vegetables Fruit & Milk	<u>Lunch</u> Wings, Tatar Tots, Vegetables, Fruit & Milk	<u>Lunch</u> Cheese Pizza, Garden Salad, Fruit & milk	<u>Lunch</u> Corn Dogs Glazed Carrots Cinnamon Apples Milk
12 <u>Breakfast</u> French Toast Fruit & Milk	13 <u>Breakfast</u> Donut ,Fruit & Milk	14 <u>Breakfast</u> Grits, Sausage Fruit & Milk	15 <u>Breakfast</u> Muffin, Fruit & Milk	16 <u>Breakfast</u> Texas Toast, Link Fruit & Milk
<u>Lunch</u> Grilled Polish Sausage Potato Salad Baked Beans Fruit & Milk	<u>Lunch</u> Fish Sticks Seasoned Fries Coleslaw Fruit & Milk	<u>Lunch</u> Fiesta Salad, Lettuce & Tomatoes Fruit & Milk	<u>Lunch</u> Pepperoni Pizza, Vegetables, Fruit & Milk	<u>Lunch</u> Chicken Rings Mashed Potatoes Vegetable Fruit & Milk
19 <u>Breakfast</u> Biscuits, Sausage, Milk & Fruit	20 <u>Breakfast</u> Cereal, Fruit, Milk	21 <u>Breakfast</u> Waffle Sticks, Fruit & Milk	22 <u>Breakfast</u> Cereal Bar, Fruit, Milk	23 <u>Breakfast</u> French Toast, Fruit & Milk
<u>Lunch</u> Chicken Alfredo Vegetables Breadsticks Fruit & Milk	<u>Lunch</u> Hot Dogs, Potatoes Chips, Green salad Fruit & Milk	<u>Lunch</u> Barbeque Chicken Legs, Buttered Corn, Baked Beans Fruit & Milk	<u>Lunch</u> Cheese Pizza, Caesar Salad, Fruit & Milk	<u>Lunch</u> Fish Filet Sandwich Steak Fries Fruit & Milk
26 <u>Breakfast</u> Grits, Fruit & Milk	27 <u>Breakfast</u> Muffin, Fruit & Milk	28 <u>Breakfast</u> Pigs N Blanket, Fruit & Milk	29 <u>Breakfast</u> Cereal Fruit & Milk	30 <u>Breakfast</u> Biscuits, Fruit & Milk
<u>Lunch</u> Sloppy Joes Mixed Vegetable Fruit & Milk	<u>Lunch</u> Burritos, Pinto Beans, Spanish Rice Cinnamon Apples & Milk	<u>Lunch</u> Chicken Chucks, Vegetables, Scalloped Potatoes, Fruit & Milk	<u>Lunch</u> Pepperoni Pizza, Glazed Carrots, Fruit & Milk	<u>Lunch</u> Spaghetti & Meat Sauce, Green Beans, Bread Sticks, Fruit & Milk

Please understand the menu is subject to change without notice.