



October 2011

FCA Preschool Meal Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Fried Steak Mashed Potatoes Green Beans Fruit *AM: Muffin, Fruit, Milk	4 Chili Cheese Dogs Baked Chips Cookie *AM: Grits, Fruit, Milk	5 Baked Ziti Garden Salad Garlic Bread *AM: Cereal Bar, Milk	6 Hamburger Sliders Lettuce, Tomatoes, Pickles Potato Wedges Fruit *AM: Pig N Blanket , Milk	7 Pizza Pocket Buttered Corn Oranges *AM: Biscuits, Fruit, Milk
10 Chicken Nuggets Scalloped Potatoes California Vegetables Grapes *AM: Cereal, Banana, Milk	11 Frito Pie Garden Salad Fruit *AM: Pig N Blanket , Milk	12 BBQ Chicken Legs Baked Beans Potato Salad Banana Pudding *AM: Waffle Sticks, Milk	13 Cheese Ravioli's, Mixed Vegetables, Cheesy Bread Fruit *AM: Oatmeal, Fruit, Milk	14 Pepperoni Pizza Mix Vegetables Bagged Sliced Apples *AM: French Toast, Milk, Fruit
17 Chili & Cheese Enchiladas, Pinto Beans Spanish Rice Fruit Milk or Juice *AM: Muffin ,Fruit, Milk	18 Catfish Strips Tatar Tots Cole Slaw Fruit *AM: Grits, Fruit, Milk	19 Beef & Cheese Nachos Side Salad Fruit *AM: Cereal Bar, Milk	20 Chicken Strips Seasoned Fries Vegetable Fruit *AM: Toast, Sausage, Milk	21 Hamburger Pizza Mixed Vegetables Fruit Milk or Juice *AM: Biscuits, Fruit, Milk
24 Sweet & Sour Chicken Mini Egg Rolls Stir Fried Rice Tropical Fruit *AM: Cereal, Banana, Milk	25 Meatballs W/Gravy Rice Pilaf California Vegetables. Fruit *AM: Pig N Blanket, Milk	26 Sloppy Joes Seasoned Fries Corn Fruit *AM: Waffle Sticks, Milk	27 Chicken Rings Scalloped Potatoes Mixed Vegetables Fruit *AM: Oatmeal, Fruit, Milk	28 Cheese Pizza Caesar Salad Orange Slices *AM: French Toast, Milk, Fruit
31 Spaghetti w/meat sauce Garlic Bread Bahamas Vegetables Fruit Cocktail *AM: Muffin, Fruit, Milk				

This menu is subject to change without notice.